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CONSEJO GENERAL
DE COLEGIOS OFICIALES
DE FARMACÉUTICOS

REPORT RESULTS Summary

conSIGUE

Programme for the implementation and future sustainability of the
Medicines Review with Follow-up Service



February 2017

INTRODUCTION



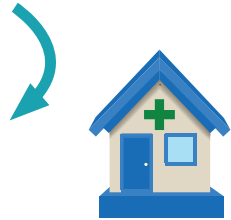
Factors such as **ageing, chronic diseases and polymedication** represent a challenge throughout all health systems. In Spain there has been an increase in the number of elderly people over 65 years polymedicated, causing a rise of undesirable medicines effects and, consequently, a significant increase of emergency visits and hospitalizations.



In order to meet this healthcare challenge the **General Pharmaceutical Council of Spain and the University of Granada** have developed **conSIGUE**

conSIGUE programme is supported by the **international University of Technology Sydney** and with the collaboration of national universities such as the **University of the Basque Country and San Jorge Zaragoza**.

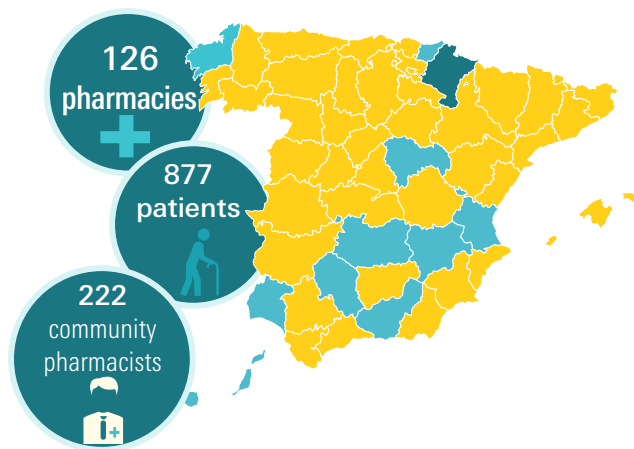
conSIGUE is a research programme aimed at the implementation and future sustainability of the Medicines Review with Follow-up Service (MRFU) in **community pharmacies**. While this program is under development, the Pharmaceutical Colleges are performing a fundamental task by providing the pharmacies with a **Practice change Facilitator (PF)**



PROGRAM DEVELOPMENT 2014-2016

- Three-month pilot phase in community pharmacies of **Navarra**
- **Main study** which lasted 12 months and included fieldwork in pharmacies from several Spanish provinces: **A Coruña, Albacete, Ciudad Real, Córdoba, Gipuzkoa, Granada, Guadalajara, Huelva, Las Palmas, Santa Cruz de Tenerife and Valencia**

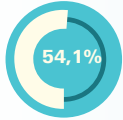
126 pharmacies, 222 community pharmacists and 877 patients took part in this study



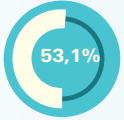
RESULTS

Clinical, economic and humanistic impact

The pharmacist's intervention providing the Medicines Review with Follow-up Service (MRFU) to elderly, polymedicated patients allowed a:



54.1% reduction of uncontrolled health problems



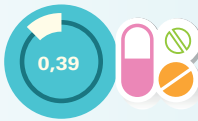
53.1% reduction of patients attending to emergencies



59.8% reduction of hospitalisations



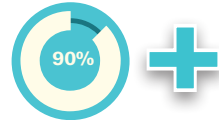
6.74 % average improvement of quality life perceived by patients



0.39% average reduction of medicines per patient

Implementation

The program designed to achieve the implementation of a Medicines Review with Follow-up Service (MRFU) accomplished the following results:



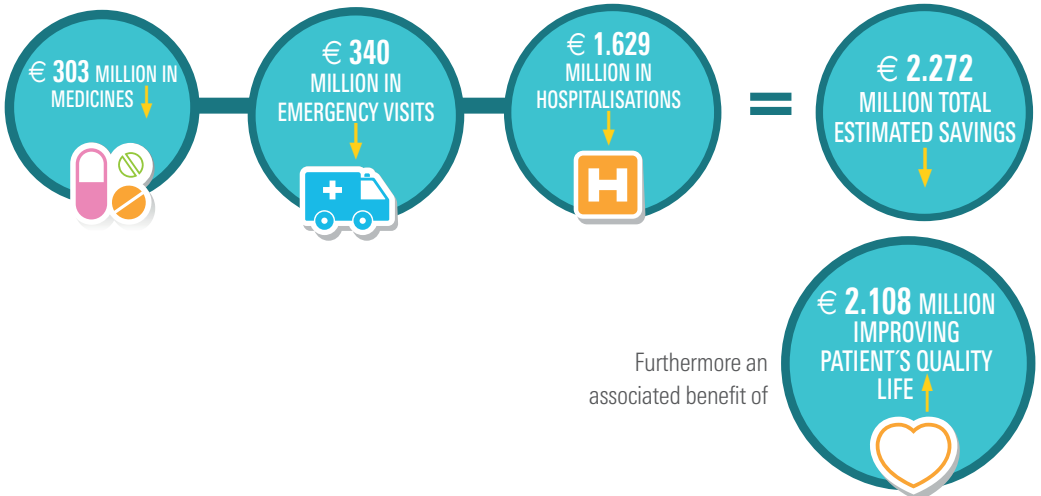
90% of pharmacies have implemented the Medicines Review with Follow-up Service (MRFU)

During the implementation 73% of the identified barriers were resolved by the Practice change Facilitator (PF)



ESTIMATED SAVING*

The provision of the Medicines Review with Follow-up Service (MRFU) to elderly, chronic and polymedicated patients could generate savings up to



Furthermore an associated benefit of

*Source: University of Granada UTS and PWC

DEVELOPED BY:



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SUPPORTED BY:



WITH THE PARTICIPATION OF:



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